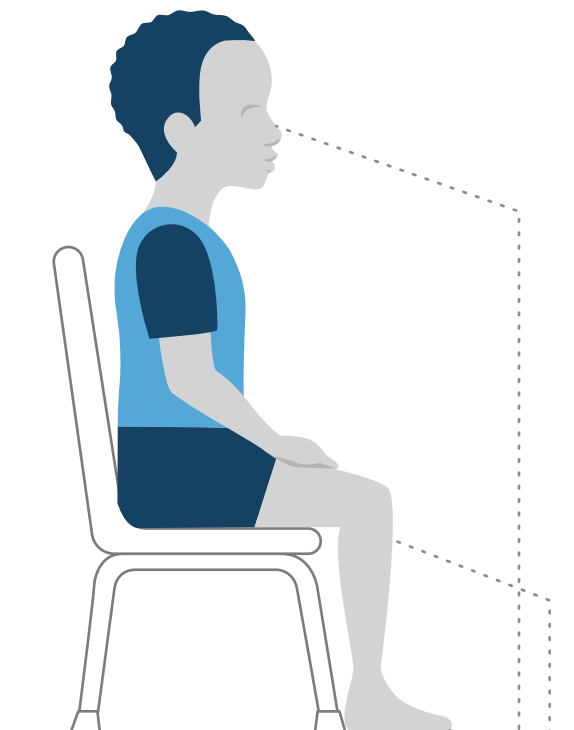
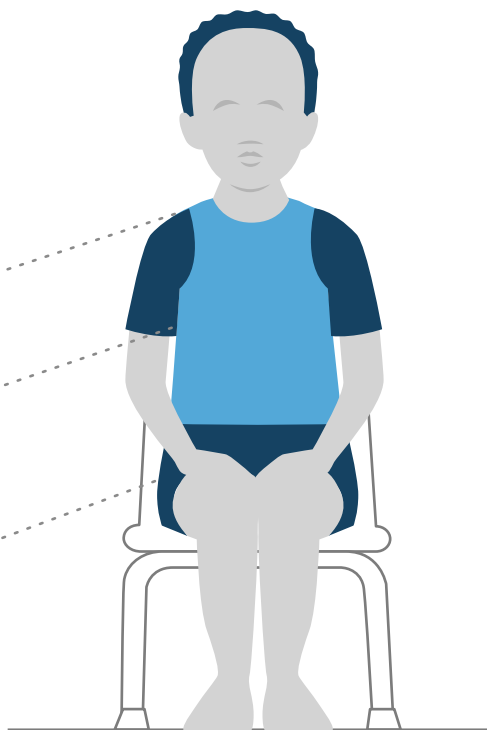


POSITIONING FOR MEALTIME



1 HIPS

- all the way back in the seat
- weight on both sides of the buttocks
- at a 90-degree angle

2 TRUNK

- in a straight line up from the hips
- as upright as possible
- not leaning to one side
- not arched backward or forward

3 SHOULDERS

- at rest
- the same on both sides—not one higher than the other
- arms and hands should rest in front of body or on lap

4 HEAD

- upright
- chin in a neutral position or tilted a little downward

5 KNEES

- bent comfortably over the edge of the chair with thighs supported

6 FEET

- resting flat on a surface



We offer a remote training package on feeding and nutrition for vulnerable children.

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